




In principle and in practice AAUW values and seeks a diverse membership. There shall be no barriers to full participation in this organization on the basis of gender, race, creed, age, sexual orientation, national origin, disability, or class.

 **AAUW** promotes equity for all women and girls, life-long education, and positive societal change.

 **The AAUW Educational Foundation** provides funds to advance education, research, and self-development for women and to foster equity and positive societal change.

 **AAUW's Legal Advocacy Fund** provides funding and a support system for AAUW women seeking judicial redress for sex discrimination.

Upcoming Events

Monday, January 3, 2005
Public Policy Meeting

Wednesday January 5, 5:15 p.m.
Board Meeting

Saturday, January 15, 10:30 a.m.
Medicinal Herbalism & brunch

Sunday, February 13, 2:00-4:00 p.m.
Native American Program
and desserts

Tuesday, March 8, 6:00 p.m.
International Women's Day
program & dinner

Buffalo Branch Newsletter



NYS District 1

Buffalo Branch Home Page
<http://aauw.buffalo.edu>

January 2005

**This newsletter was delivered to the William Street Post Office, Buffalo, NY on December 22, 2004.
Moving? Please contact Betty Preble at 662-0608**



Buffalo Branch
Betty Preble
6935 East Quaker Road
Orchard Park, NY 14127

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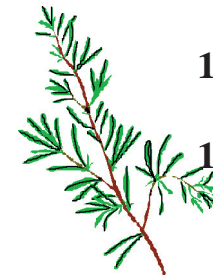
“MEDICINAL HERBALISM – A FEMININE POINT OF VIEW”

Saturday, January 15, 2005

Holiday Inn – Airport (Genesee St., Cheektowaga)

10:30 am registration

11:00 am – 1:00 pm Breakfast Buffet and Program



More information on page 3. Reservation form on page 11

President's Message

I have a New Year's Resolution for you! We are fast approaching the end of 2004. Every New Year's Eve we all say farewell to the past year

and welcome in the New Year with cheers, fireworks, celebrations and resolutions. We reflect on last year's New Year's resolution and say, "This year I must..." Just about everyone I know makes a New Year's resolution.

How many resolutions are kept is another story. We resolve to lose weight, exercise, live a healthier life style, visit a confined relative or friend more often, or even quit smoking.

Tradition dictates that every 365 days, you should try to kick bad habits and start your life anew. So sit down with a cup of coffee, a paper and a pen, and reflect: What kinds of resolutions will you make for yourself this New Year's? Be realistic by setting achievable goals. Aim for things that are truly important to you, not what you think you ought to do or what others expect of you.

A resolution I have for all of you is to bring a new member to our AAUW Buffalo Branch. We have wonderful monthly programs and a variety of Study and Special Interest Groups that may interest them. We also have inspiring educational

Deadline for the February issue is January 10. Please send articles to Joan Eschner via e-mail to jmeschner@att.net. Articles that are received later than the above date will not appear in the February issue.

A resolution I have for all of you is to bring a new member to our AAUW Buffalo Branch. We have wonderful monthly programs and a variety of Study and Special Interest Groups that may interest them.


events and conferences such as Sister-to-Sister and Transitions. Take this new member under your wing, whether it be a relative of friend, and get her involved with you or in the things she likes. Make her feel important to AAUW.

You can start this resolution by bringing a guest to the January Meeting on Medicinal Herbalism: A Feminine Point of View on Saturday, January 15 at the Airport Holiday Inn beginning at 10:30am. Details and registration are available elsewhere in the newsletter.

I wish each of you and your loved ones a New Year filled with peace, health and happiness.

Be proud of your Branch and the AAUW mission. Promote both as often as you can.

Janet M. Fowler

 BUFFALO BRANCH NEWSLETTER is published monthly as a bulletin of events for members and as an update on AAUW issues and programs.

American Association of University Women
 President: Janet Fowler (884-8698)
 Editors: B. Krist & J. Weidemann
 Publisher: Joan Eschner (655-1322)

Send address changes to
 Betty Preble
 6935 East Quaker Road
 Orchard Park, NY 14127

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December 2004
 Vol. CXIII No. 10
 Circulation 240

Reservation Form

January Program – Saturday, January 15, 2005

“MEDICINAL HERBALISM – A FEMININE POINT OF VIEW”

Name _____

Address _____

Phone _____ Email _____

Guest(s) _____

Cost \$12.00 per person Make checks payable to AAUW Buffalo Branch and send to Janet Fowler, 156 St. James Place, Buffalo, NY 14222.

Reservations due by Thursday, **JANUARY 6, 2004**

New Books for Sale in January

The following new books are currently available from the Book Sale Committee. If you would like a copy, email Mary Kellner at mkellner39@aol.com or call 741-8127. Checks may be made out to the AAUW Educational Foundation.

Baldacci, David – *Hour Game* \$4
 Clark, Mary Higgins – *The Christmas Thief* \$4
 Duran, Connie – *Quilted Projects for a Country Christmas* \$4
 Field, Debbie – *Quilter's Journal* \$4
 Field, Debbie – *Quilting, the Lodge Look* \$3

Hauser, Priscilla – *Flower Portraits* \$4
 Home Style Book of Days 2005 (planner) \$3
 Kellerman, Jonathan – *Double Homicide* \$4
 Kirsch, Jonathan – *God Against the Gods* \$2
 Life Application Study Bible \$7
 O Martian, Stormie – *The Prayer That Changes Everything* \$3
 Moon, Elizabeth – *Marque & Reprisal* \$3
 Patterson, James - *London Bridges* \$4
 Pratchett, Terry – *Going Postal* \$3
 Roberts, Nora – *Northern Lights* \$4
 Steel, Danielle - *Echoes* \$3
 Williamson, Marianne – *The Gift of Change* \$3



Happy
 New
 Year

Buffalo Branch Study/ Interest Groups

Group Leaders: Please send study group information to Barbara Carier, 295 Lakewood Pkwy, Amherst 14226, 839-0933 (h), 858-2884 (w), or bcarier@adelphia.net.

Note: If you are interested in forming a new study group, please send the purpose and expectations for the group to Barbara.

Group: American Biographies
When: Tuesday, January 11, 2005
Topic: *Alexander Hamilton*
by Ron Chernow



For February, read *Edward R. Murrow and the Birth of Broadcast Journalism* by Bob Edwards
Where: Eggertsville Library, 4622 Main St.
If library is closed, meet at Nancy Ryther's apartment, 10 Lexington Ave., #2A
Facilitator: Myra Menti
Contact: Nancy Ryther (884-8324)

Group: Bridge Biddies
When: Tentatively scheduled for Thursday, Jan. 13th at 7:30 p.m.
Where: Call to confirm date and place
Topic: Casual bridge playing
Contact: Maggieb@peoplepc.com or 839-3701



Group: Clueless Mystery Book Club
When: Jan. 26, 2005
Topic: *The Sacred Clowns* by Tony Hillerman
Where: Loughrans on Main St.
Leader: Karen Howard
Contact: Fran Witnauer (837-5887 or 856-3150) or Marilyn Carmichael at Mcarmichael45@aol.com



Group: Dinner by the Book Discussion Group

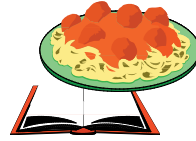
When: Wednesday, Jan. 19, 2005 at 5:30 p.m.

Where: Plaka Restaurant, 2904 Delaware Ave. in Kenmore

Topic: *Reading Lolita in Tehran* by Azar Nefisi

Reviewer: Jane Riga

Reservations: Fran Witnauer (837-5887 or 856-3150)
fwitnauer@buffaloplac.com



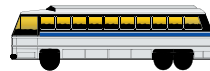
Group: Knitting Group
When: Tuesday, January 18th from 7-9 p.m.

Where: Clubhouse, 4100 Stonegate Ln., Williamsville, behind Wehrle Golf Dome

Contact: Adrienne Kotler (688-0740)
aikotler@earthlink.net

Project: Afghan for Haven House

Group: Travel Group
Mission: To organize 1 or 2 trips per year that interest existing and prospective members of AAUW Buffalo
Contact: Bev Schwiegerling (652-7182) and watch the Newsletter for announcements



schwieg@adelphia.net

Support a
Study Group

January Program – On health



MEDICINAL HERBALISM – A FEMININE POINT OF VIEW

Women have played a major role in caring for families and villages since recorded history. They relied on common sense and knowledge and the plants readily available to them. Often a woman's knowledge was denigrated by the "accepted medical practitioners" so women had to keep their medical expertise very low key. Marian Prezyna, Herbalist and our presenter for the program, was brought up in an organic gardening family. The wilder side of nature awakened the wilder side of her heart and she expanded her interests in developing her relationship with the plant kingdoms. She has grown, harvested, and wildcrafted medicinal herbs in the Wise Woman tradition, which emphasizes the magical, spiritual and practical uses of these plants.

With the resurgence of medicinal herbalism, especially by women in present time, let Marion take us from past to present. Join us for a cheery Breakfast Buffet Program, Saturday, January 15, 2005, at the Holiday Inn – Buffalo Airport (Genesee St. Cheektowaga). Registration is at 10:30 a.m. Breakfast begins at 11 a.m. with program concluding by 1 p.m. Cost is \$12 each for members and guests.

Reservations and checks made out to AAUW Buffalo Branch are due by Thursday, January 6th and should be sent to Janet Fowler, 156 St. James Place, Buffalo, NY 14222.

Call for Nominations

The AAUW Buffalo Branch has become one of the foremost advocates for women and girls in our community. Our strength stems from our members and leaders within the branch. We know your dedication to our mission and ask whether you would consider taking a leadership role as an elected officer on the AAUW Buffalo Branch Board of Directors in 2005. The Nominating Committee is looking for candidates for the offices of President Elect, Program Vice President, and Nominating Committee. Please consider contributing your time, talent and energy to leading the branch. You will find this a genuinely rewarding experience that will create a lifetime of memories and friendships. The nominees should have primary AAUW membership in the Buffalo Branch, regular access to email (as we send so much electronically nowadays), and be available to attend monthly board meetings. The future of the branch and its growth depends on you.

To learn more about these and other opportunities to serve on the Branch Board of Directors, please contact Linda Suchocki, Chair of the Nominating Committee at (716) 823-4154 or email at: suchocki207@cs.com. Please give this request serious thought and share it with other Branch members.

Public Policy Meeting

The Public Policy committee will meet at 5:30 PM on Monday, January 3, 2005, at Perkins Restaurant, 8444 Transit Road, East Amherst, NY.

Call Cathy Weiss 688-6181 or Judy Weidemann 655-3649 for further information.

Save This Date!

Native American Community Services of Erie and Niagara Counties, Inc. will provide the setting for an interesting afternoon on Sunday, February 13, 2005 from 2:00 – 4:00 PM when Janine Huff, a Tonawanda Seneca will address the history and traditions of the Haudenosaunee (known to us as Iroquois) and the role of women in the Native community.

Janine is currently working on her Ph.D and is employed at the Akron School District as a cultural specialist in the elementary grades.

In addition, come and taste samples of Native American foods with a discussion of the ingredients and how to prepare the soup, juice and cookies.

A craft and other traditions will be presented to make this event both informative and interactive.

For more information, see the February newsletter or call Norine Borkowski at 874-2797 extension 304.

Buffalo Branch Mourns the Loss of Past President and Tireless Worker

Carol Jamieson passed away December 9 at the Hospice facility in Cheektowaga

Carol was a graduate of Simmons College with a BS, Harvard Univ. with an Ed. M, and SUNY/Buffalo with a Ph.D. She was professor of English at Niagara Community College. She had served as Department Chair.

Carol was President of AAUW Buffalo Branch in 1990-91. She also served as the Legal Advocacy (LAF) Chair for several years. Carol designed and put together beautiful gift baskets to be raffled at meetings to raise funds for LAF. She has been very active in the AAUW Book Sale and continued despite her illness. Carol helped organize the children's section at the sale last June.

Dr. Jamieson, working within the International Federation of University Women (IFUW), helped start a 'sister chapter' of the Buffalo Branch of AAUW in Bilbao, Spain.

There will be a memorial service. It will be in early January on a Sunday afternoon at the Unitarian Universalist Church of Buffalo on Elmwood Avenue.

Donations are being accepted in memory of Carol Jamieson to the AAUW Funds for Education (for scholarship). Please mail these to AAUW Funds for Education, PO BOX 397, Amherst, NY 14226-0397

Holiday Program Snaps



Book Review

After hearing an extremely interesting book review with a personal touch, a proposal was made that a new column might be created in the newsletter. It was suggested that perhaps, those not able to attend any of the literary study groups, might be interested in some of the presentations and be encouraged to read the book reviewed.

The following is the first, in that is hoped to be a series of reviews.

Review To The Clueless Group

I began my review of *NO GRAVES AS YET* saying historians, scholars and fiction writers have taken a new approach to "one of the least understood and bloodiest wars in America history,." World War I Mystery writer Anne Perry gave life to her characters as they strive to solve four suspected murders and a suicide in an English boarding school. She also wove into the plot, their thoughts and fears over England's possible entrance into the War. The year was 1914. Her title is somewhat cryptic in that the reader is left to conclude how it is related to the plot as a whole.

In April 2003 as a member of the international Great War Society, devoted to the study of World War I and its effects upon society, world wide, I traced my Father's tour of duty through France from 1918-1919. My guide and I drove along the now pastoral country side stopping at museums, monuments, trenches and battle fields. We walked through cemeteries where row upon rows of white marble crosses and markers with the Star of David cast shadows on meticulous green lawns.

In the Romagne Cemetery I laid a single red rose beneath the cross of a fallen member of the 78th., my Father's Division. In several places my emotions soared and often my vision blurred as the words stuck in my throat.

In her book, Ms. Perry combines her extraordinary story telling with historical events. I look forward to reading *SHOULDER THE SKY*, a sequel, reviewing it and showing more of my photos.

Margaret Haas

Roster Changes

The following e-mail was incorrectly printed in the December issue of the Newsletter. It appears correctly in the roster.

Mary Fiore
fioreme@buffalostate.edu

Address Changes

Please correct your roster

Jayne Harnisch's address is now:
33 North Drive
Amherst 14226-4158

Rita Bailey
260 TroyDelWay
Williamsville. NY 14221-3307

Do You Want to Join the New 2005 Scholarship Committee?

The Branch is seeking members for a new committee charged to create and implement the four new scholarship and award programs of the Buffalo Branch. Members of the committee may expect to spend approximately three hours per month in their duties. The reward for your three hours of time? Priceless....

The phenomenal success of the Book Sale allowed the Buffalo EF funding to reach new heights. One result is the creation of four new educational scholarships and grants which broaden the areas we influence and provide the highest level of local support. The approximate \$7,000 unused from 2003-2004 funds plus an additional \$15,500 from the 2004 Booksale have been allocated to create the four programs:

Buffalo Branch EF "Catalysts for Change" Scholarship Fund is a highly competitive program to recognize the efforts of one high school student, one college student, and one adult/non-traditional student. Three scholarships of \$5000 will be awarded.

Entrants will be asked to focus on how grassroots efforts by women have effected positive change for women and girls taking the Buffalo Branch Book Sale as an example.

In 1955, the Buffalo Branch held its first Book Sale-- a new fund-raiser in keeping with the organization's image. The first Book Sale had a lofty purpose: funds for scholarships. It was

a success; that first sale raised \$209 during the one-day event. It would be forty years before the Booksale proceeds reached \$10,000.

Regardless of the amount, funds were always put to good use. These funds are the seeding for local scholarships, interest-free loans, support of visiting speakers, and various other educational programs and endeavors.

Fifty years later, monetary proceeds have multiplied 30,000 times-- drastically increasing the organization's ability to promote equity, gender awareness, and lifelong learning. Even more impressive is that the Booksale is still run totally on volunteer effort with approximately 130 members donating personal time of 1 to 1000 hours each!

With this background on the Branch, prospective recipients are asked to compose an essay on a past historical figure or current model who demonstrates how a woman or women have taken limited resources or a grassroots approach and realized success.

Educational Project Grants

Analogous to National EF Community Action Grants, this endeavor provides funding for women and organizations based on their support of EF principles: promotion of equity, gender awareness, and lifelong learning. Candidate individuals and organizations may submit proposal which will be reviewed by a committee. Recipients must provide a detail of outcomes following the program. Up to ten \$500 grants may be awarded.

Buffalo Branch EF Academic Awards for Girls

This program seeks to reinforce the importance

Continued on page 6

Dear AAUW members and friends,

During this special time of the year we remember and give thanks for our many blessings. You, our members and friends, have given AAUW so much to be thankful for by your continued strong support and commitment.

This year has been a challenging one of evaluation, change and transition for AAUW. Many of you have emailed or called me about your issues of concern, offering advice, critique, wisdom, and support. Together we have talked through dozens of options, sometimes agreeing, sometimes disagreeing, but always reaffirming our deep devotion to this wonderful organization we call AAUW. I am grateful that we, as an organization, are open to dialogue, and that many have taken part in our transition process vigorously, rather than reluctantly.

I am especially grateful to the more than 500 members who, to date, have given nearly \$70,000 towards our One-in-a-Million Campaign. The generosity of these individuals — many of whom made gifts they would not ordinarily make — speaks to our collective desire to strengthen the future of AAUW, preserve AAUW's place in history as a catalyst for change, and continue our critical mission of promoting education and equity for all women and girls.

May your holiday season be filled with the laughter and love of family and friends.

Sincerely,

Nancy Rustad



BOOK SALE SORTING

We will sort books at **The Waters** facility in East Aurora on January 4 and January 6, 2005. We will sort from 8:00 AM until 12:00 noon. You may like to come to lunch after sorting on those days. On the 4th we will go to lunch at **The Copper Shop**, a new restaurant opened in the Roycroft complex. On the 6th you are invited to Judy Weidemann's for lunch. Those who come to that lunch may want to make a small cash contribution to Haven House.

Call Mary Kellner 741-8127, Cathy Weiss 688-6181 or Judy Weidemann 655-3649 for directions to **The Waters** or to make reservations for lunch.



of education to young girls. Although success during high school and college is often recognized, too many girls are lost during their early school years. The purpose of this proposal is two-fold. First, the program promotes the importance of education and lifelong learning for girls. Allocation of \$750 of funding allows for a flier to be provided to local schools targeted at grade levels and perhaps a coordinated effort of "talks" at local schools. Secondly, the program provides young girls with "starter" funding for their college education through five to ten awards --perhaps savings bonds-- at \$50 to \$100 each. The message of this program parallels our mission: There are rewards for good academics the completion of formal education is an important ultimate goal.

Buffalo Branch EF Emergency Fund

This program set aside a small amount of funds for one-time serious needs for educational funding. One important committee responsibility is to develop the criteria for funding as well as the guidelines for establishing a rotating committee to review and propose allocation. A total of \$500 of funding is provided for up to five awards that can be allocated on an as-needed basis. Funds not spent will be returned to general EF funds.

Time Commitment

The 2005 Scholarship Committee is responsible for working out details, proposing guidelines, developing timelines and returning the recommendations to the Board. Four subcommittees will be formed to focus on the programs. As we hope that all four programs will be operational in early 2005, committee members may expect 2 meetings in January

totaling about 6 hours of time commitment and 2 hours per month commitment February through June.

Interested? Indicate your willingness to participate and your preference for one of the four individual programs to Tamara Brown at 649-9871.

AAUW Buffalo Branch Welcomes the Following New Members

Mrs. Adrienne E. Leibowitz
Library 221
Niagara University, NY 14109
Home: 585 798 6382

Mrs. Debra Switzer
1019 Gabben road
Corfu, NY 14036
Home 585 542 3984

Ms. Elizabeth Bailey
63 Argyle Park
Buffalo, NY 14222
Home 885-3130

Judge Rose Bailey
63 Argyle Park
Buffalo, NY 14222
Home 885-3130

Cheryl N. Neu
10 Fernott Drive
Lancaster, NY 14086
Home: 685-6377

Mrs. Doris Mack
4112 Kalayne Lane
Williamsville, NY 14221
Home: 633-139