

Buffalo Branch Newsletter



AMERICAN
ASSOCIATION OF
UNIVERSITY
WOMEN

NYS District 1

January 2002

Buffalo Branch Home Page
<http://www.aauwbuffalo.org>

January Program
Continental Breakfast 10:00 am

**Attention Deficit
Hyperactivity Disorder**

William E. Pelham, Jr.
Saturday, January 26, 2002

Park Lane Restaurant
33 Gates Circle, Buffalo, NY 14209

More information can be found on page 3.
Reservation Form is on page 7
Send reservation by January 18, 2002.

President's Message

Healthy Women, Healthy Lives is a guide to preventing disease from the landmark Nurses' Health Study. My mother has been an active participant in this health study since its inception in 1976. She gave me this book, published in 2001, this past summer. For once, women are not left out. Women were asked what they ate, what they did and were treated with respect. They took themselves seriously. Women absorbed the habit of historical self-awareness as described by Naomi Wolf. This knowledge transfer is important so that younger men and women do not have to recreate the rights that they take for granted.

You can lower your risk of arthritis, cataracts and Alzheimer's disease to some extent through healthy behaviors. These same behaviors can lower your risk of cancer, heart disease and osteoporosis.

- Stop smoking
- Maintain a healthy weight
- Be physically active
- Eat a healthy diet
- Protect yourself from the sun
- Make an informed decision about whether to use hormones

May our coming year be filled with new knowledge and healthy dialogues.

Rita Clement

Deadline for the February issue is January 14

Please send articles to Joan Eschner via e-mail to jmeschner@att.net. Articles that are received later than the above date will not appear in the February issue.

2002-2003 Program Meeting

Interested in planning our 2002-2003 program? Please come to the Original Pancake House, 5479 Main Street, Williamsville on Thursday, January 31, 2002 at 5:30 p.m. for dinner or 6:15 p.m. if you choose not to eat with us. Call Betty Krist (675-4059) to make a dinner reservation. Bring your ideas or call or send email to kristb@adelphia.net. Your influence is important!



BUFALO BRANCH NEWSLETTER is published monthly as a bulletin of events for members and as an update on AAUW issues and programs.

President: Rita Clement (434-2639)
 Editors: B. Krist and J. Weidemann
 Publisher: Joan Eschner (655-1322)

Send address changes to
 Jean Hubbard
 62 Garden Court
 Amherst, NY 14226-3219

AAUW promotes equity for all women and girls, life-long education, and positive societal change.

January 2002
 Vol. CX1 No 1
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Attention Deficit Hyperactivity Disorder

William E. Pelham, Jr.
speaker

Attention Deficit Hyperactivity Disorder (ADHD) will be the topic of the first meeting of the new year to be held Upstairs at the Park Lane Restaurant. The program will be given by William E. Pelham Jr., professor and director of the ADHD Program in the Department of Psychology at UB.

Pelham is one of the leading researchers in ADHD in the United States. In addition to directing UB's ADHD program, he conducts a highly successful behavior-modification summer program at the university for children with ADHD.

ADHD is the most commonly diagnosed disorder of childhood—affecting 3 to 5 percent of the population. In recent years, there has been much controversy about ADHD, particularly concerning possible overdiagnosis and treatment with medication, which is the primary form of intervention used with children.

In his talk, Pelham will address the myths and misconceptions that abound in the media and even the scientific community regarding ADHD. He will review the scientific literature on the diagnosis, nature, cause and treatment of ADHD, paying particular attention to dispelling the myths and misconceptions.

Continental breakfast at 10 will be followed by short presentations from the Out on the Town Study Group and Clueless Mystery Book Study Group. Dr. Pelham's talk will begin about 10:40. Bring a guest and join us for an informative morning.

A Call for Undignified/Outrageous Ads

Our Branch's Women's History Month Program on March 8, 2002 will celebrate International Women's Day with the theme "PORTRAYAL OF WOMEN IN MASS MEDIA." Part of the focus of the presentation by panelists and the discussion will be the disrespectful way women are portrayed in the media. The International Relations Study group would like to collect such advertisements and would like to display some examples of the ads. Please help by looking for these ads and sending them to Dr. Teresa Gessner at 4712 Brentwood Drive, Williamsville, New York 14221 or Judy Weidemann at 21 Nye Hill Road, East Aurora, New York 14052. A large collection of ads will help facilitate a good selection and discussion. THANK YOU IN ADVANCE FOR YOUR HELP.

Thank You From Kids Voting

AAUW, Buffalo Branch was responsible for manning the *Kids Voting* booth at School 84 in Buffalo. **Lois Dabney, Carol Jamieson, Barbara Mathewson, and Jane Riga** were the willing volunteers.

Judy Weidemann

Buffalo Branch Study/ Interest Groups

Group Leaders

Please send study group information to:

Mary Kellner

8470 Lakemont Dr.

East Amherst, NY 14051

741-8127

mlnkel@aol.com

Group: **Bridge Biddies**

When: Once per month

Topic: Casual bridge playing

Contact: Margaret Haas (839-3701) or
Valerie Marvin (833-8506)



Group: **Clueless Mystery Book Club**

No meeting this month.



Group: **Dinner by the Book**

When: Wednesday, January 16 at 5:30 PM

Where: Shannon Pub

5050 Main Street, Snyder

Topic: *We Were the Mulvaney's*
by Joyce Carol Oates



Reviewer: Gloria Hawk

Contact: RSVP to Fran Witnauer (H 837-5887
or W 856-3150) for reservations
or Norma (875-6091)

Group: **Film Group**

When: Tuesday, January 8

Contact: Maria Ceraulo (881-0729)



Group: **Great Decisions**

No meeting this month

Group: **Human Rights for Women – Global Issues**

When: Tuesday, January 8 at 7:00 PM

Where: Williamsville Branch of Amherst
Public Library

5571 Main St., Williamsville

(between Cayuga & Mill Sts.

between Amherst Town &

Williamsville Village Halls), ample
parking available.

Topic: *Women of Italy*

Discussion Leader: Marguerite Collesano

Contact: Teresa Gessner (634-5053)

All are Welcome!

Group: **Out on the Town**

When: Sunday afternoon, January 13

Where: Alleyway Theatre

Event: *Escaping the Box 2002*- an eclectic
showcase of short works by women
artists.



Cost: \$15.00

Contact: Marilyn Kihl (691-8299) if you are
interested. Attendance at the event is
still being considered.

Group: **Travel Group**



When: Thursday, January 17 at 5:30 PM

6:15 if you do not wish to have dinner

Where: Original Pancake House

5479 Main St., Williamsville

Topic: Finalize plans for spring trip to
Cleveland.

Discuss plans for summer and fall
trips.

Voices of Difference February 13, 2002 Program

AAUW Buffalo Branch, the Women's Pavilion Pan Am 2001 and the Amherst Center for Senior Services are co-sponsoring our program, "Voices of Difference," on Wednesday, February 13, 2002 at the Amherst Center for Senior Services located at 350 John James Audubon Parkway in Amherst NY at 7 p.m. *Voices of Difference* is a one half hour documentary created as a legacy project for the Pan Am 2001 celebration. This video generates heartfelt discussions and empathy for our current immigrants to the Western New York community while giving voice to history from a woman's perspective. Kathryn Neeson tells the story of her mother who came to the Buffalo area from Ireland and Scotland. Sawsan Tabbaa is from Damascus, Syria and is a U.S. citizen who tells of the obstacles she faces being from the Middle East and wearing a head covering. Monica Jardine is from Guyana in South America. She teaches in the Women's Studies Department at the University of Buffalo and speaks of the emotions and attachments of current immigrants as they adjust to the United States society.

Board Highlights- November 7, 2001

- Call to order by President Rita Clement
- Treasurer's Report: Karen Noonan reported expenses of \$2217.00, and income of \$5540.00, year to date. Money Market Accounts have \$6, 500.00. In the Mutual

Funds \$22,700.00, and in the Educational Foundation has \$25,275.00. Due to current stock market conditions, funds invested in mutual funds have sustained a loss, since inception of about 20%.

- Chamberlain Loan Report: Janet Fowler reported the fund has a balance of \$38,500.00. Twenty-six loan repayments were made for the month. The Funds for Education has a balance of \$10,000.00, for student loans and grants.
- LAF- (Legal Aid Fund): Freddie Cheek reported that the Buffalo Branch would meet LAF's 20th Anniversary Challenge of increasing our contributions by 5%.
- Education and Equity Report: Carol Jamieson reported a study is being planned to assess gender equity and other women's issues are integrated in curriculum, and in practice in local colleges.
- Diversity Report: Norine Borkowski reported a study in the planning stage to survey current membership's diversity, and to implement future action based upon these findings.
- Proposed By-law changes: Betty Preble reported on changes to update the Branch's Constitution, These changes will be published in the newsletter, with membership vote in January 2002.
- September 11 Remembrance: The Board voted to give 500.00 to a local charity. The YWCA was selected, and the project to be determined.
- American Walkway: The Board voted to purchase a memorial brick, with an AAUW inscription to be placed in the Women's Walk of Fame.

Clarine Radt

Educational Foundation Offers Community Action Grants for the 2002-2003 Academic Year.

Community Action Grants provide seed money to individuals, AAUW branches, AAUW state organizations, and local community-based
(Continued on page 6)

nonprofit organizations for innovative programs or nondegree research projects that promote education and equity for women and girls. One-year grants for start-up projects and two-year grants for projects focused on K-12 girls' achievement in math, science, and/or technology are available. Applicants must be women who are U.S. citizens or permanent residents. Grant projects must have direct public impact, be nonpartisan, and take place within the United States or its territories.

Applications must be postmarked by January 15, 2002. For more information call 800-326-2289, email: info@aauw.org or visit <http://www.aauw.org/3000/fdnfelgra/cag.html>

House Stimulus Package Does Not Help Women

On Oct. 24, the U.S. House of Representatives passed (216-214) legislation (HR 3090) aimed at stimulating the economy.

However, HR 3090 accelerates tax cuts passed earlier this year, grants new tax cuts, and makes all these tax cuts permanent while failing to address the needs of unemployed, low-income women, many of whom serve as primary support for their children. This legislation also provides a large tax break to many corporations by eliminating the corporate minimum tax. For example, IBM will receive a tax break of \$1.4 billion; GM will receive a tax break of \$833 million; and GE will receive a tax break of \$671 million. Although the House-passed bill provides enormous aid for corporations, it fails to help those most in need because it:

- *Does not provide adequate unemployment benefits for full-time workers. The House-passed bill contains \$9 billion in aid, but does not require states to provide specific unemployment benefits. States could use the money to pay for administrative or other expenses.
- *Does not provide unemployment benefits for part-time workers. Because women make up 70 percent of the part-time workforce, they are less likely than men to have savings and unemployment benefits. Women are the majority of workers in the industries hardest hit by the economic downturn, such as retail sales (56 percent), restaurant and wait-staff (69 percent), and kitchen workers (65 percent).
- *Does not help unemployed workers maintain health insurance. The Center for Budget and Policy Priorities estimates that a 50 percent subsidy to unemployed workers for health insurance premiums would cost \$16 billion and a 75 percent subsidy would cost \$25 billion. Thus, the \$3 billion contained in HR 3090 for health insurance subsidies is inadequate.

HERE'S WHAT YOU CAN DO!

- Help spread the word. Work with friends and family to distribute this alert in your community.
- Urge senators (202/224-3121) to support an economic stimulus package that is stimulative and temporary and helps unemployed workers—particularly those hit hardest by the economic slowdown.

Reservation form:

Attention Deficit Hyperactivity Disorder

Saturday, January 26, 2002

Park Lane Restaurant

William E. Pelham, Jr.

(speaker)

Continental Breakfast includes Coffee Cake & Assorted Quick Breads, Whipped Butter, Honey and Jam, Fresh Seasonal Fruits, Orange Juice, Coffee/Decaffeinated/Tea \$10.00

Clip and return to by January 18, 2002

to Anne M. Szczesny, 6425 Hamm Road, Lockport, NY 14094-6537

Make check payable to AAUW Buffalo Branch

Printed Name _____ Guest's Name _____

Address _____

Home phone _____ Amount of check _____

If you need transportation or assistance, contact Betty Krist (675-4059)

Voices of Difference

Wednesday, February 13, 2002

Amherst Center for Senior Services

350 John James Audubon Parkway

Amherst NY 14226

Name _____ # of guests and names _____

(\$ 5.00 for refreshments per person) _____

Phone # _____

Enclose check payable to AAUW Buffalo Branch

Send to: Cathy Weiss 70 Fennec Lane East Amherst, NY 14051-1812

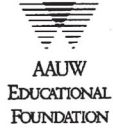
By February 1, 2002

If you need transportation or assistance, contact Betty Krist (675-4059)

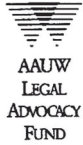
In principle and in practice AAUW values and seeks a diverse membership. There shall be no barriers to full participation in this organization on the basis of gender, race, creed, age, sexual orientation, national origin, or disability.



AAUW promotes equity for all women and girls, life-long education, and positive societal change.



The AAUW Educational Foundation provides funds to advance education, research, and self-development for women and to foster equity and positive societal change.



AAUW's Legal Advocacy Fund provides funding and a support system for AAUW women seeking judicial redress for sex discrimination.

Upcoming Events

Saturday, January 26

Continental Breakfast

"Attention Deficit Hyperactivity Disorder"

Wednesday, February 13

Coffee and Dessert

"Voices of Difference"

Friday, March 8

Dinner

Celebration of International Women

Saturday, April 27

Luncheon

Annual Awards

Moving? Did not receive the newsletter? Please contact Jean Hubbard, (832-0349). This newsletter was delivered to the William Street Post Office, Buffalo NY on December 21, 2001.



BUFFALO BRANCH
Jean Hubbard
62 Garden Court
Amherst, NY 14226-3219

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