

# BUFFALO BRANCH NEWSLETTER



AMERICAN  
ASSOCIATION OF  
UNIVERSITY  
WOMEN

NYS District 1

January 1996

## NATURAL FOODS, HERBS AND WOMEN'S HEALTH

ERIE COMMUNITY COLLEGE NORTH  
COMMUNITY ROOM  
Student Union

January 20, 1996

11:30 Registration

12:00 Luncheon

COST: \$12

Maryann Bolles, Director of the School for Creative Cuisine, Buffalo's first and foremost natural foods cooking school, will provide the information you need to take charge of your health. Maryann recently returned from studying herbs and natural health with a leading herbalist in China.

Her talk and demonstration will include tips to ease the transition to a more wholesome diet and more gentle treatment of some common health concerns.

Preservation Hall Restaurant, one of the most popular and best known vegetarian restaurants, will provide a buffet of healthy, delicious foods to round out the program.

Guests are, as always, most welcome and encouraged!

**SEE MAP ON PAGE 8 FOR PARKING AND BUILDING LOCATION**

See registration form on page 11.

## PRESIDENT'S CORNER


Over 100 years ago a group of brave, determined women met at a convention in Seneca Falls to sign the Declaration of Sentiments which initiated the Woman's Suffrage Movement. As another year is coming to a close, we must not forget what our former leaders have accomplished for women, and we must continue to strive for improvement in the status of women. One excellent mode is to get involved. Women working together can make a difference.

We would like to thank our speakers, Dr. Nancy Rosenbloom and Lynn Marinelli, for the excellent program at the November branch meeting. Dr. Rosenbloom (professor of history at Canisius College) spoke about the history of the Woman's Suffrage Movement, and Lynn Marinelli (director of the Erie County Commission on the Status of Women) reported on the status of women in elected positions locally and nationwide. An added bonus to the program was a tour of the newly renovated Roycroft Inn which boasts an exciting history in itself. Many thanks to the chairs, Diane Silvestro and Judy Weidemann, for organizing this memorable program. We were delighted to see 93 guests at our meeting, many from various women's organizations.

Bunny Blackstone and Judy Weidemann were honored to attend a reception for the U.S. Ambassador to Austria, Dr. Swanee Hunt. We were impressed with Dr. Hunt's character; she truly is an excellent role model for women. She has gone the "extra mile" in organizing humanitarian support for the victims in Bosnia. She has been in the war zone to assist women in networking to rebuild a democracy. Dr. Hunt organized the Vienna Women's Initiative in an

effort to empower women and helped plan the Beijing Women's Conference. It was reported that women in Central Europe have a long way to go to establish themselves as contenders for leadership roles similar to those held by many women in our country. Dr. Hunt emphasized that we must not give up a valuable right that our ancestors won for women: the right to vote. She pointed out that 54 million women did not vote in the 1994 election. Women were urged to take a part in the shaping of democracy "which is never finished; it is always work in progress." We were delighted to hear Dr. Hunt praise AAUW's work for Equity in Education for girls and women. She is an example of one woman making a great difference in improving conditions for women and girls.

See *Presidents* on page 4.



**BUFFALO BRANCH NEWSLETTER**  
is published monthly as a bulletin of events for members and as an update on AAUW issues and programs.

AMERICAN  
ASSOCIATION OF  
UNIVERSITY  
WOMEN

Co-Presidents: Bunny Blackstone (655-4519)  
Sharon Rich (631-9777)

Editor: Betty Loucks (632-3157)

Send address changes to Marion Fay  
347 Brantwood Road  
Snyder, NY 14226-4307  
836-5660

AAUW promotes equity for all women and girls, life-long education, and positive societal change.

January 1996  
Vol. CV, No. 5  
Circulation - 360

**Deadline for the February issue is January 3.**

741-3964





# Get the Facts

## Congress is Chipping Away at Women's Reproductive Rights

While Americans believe that the right to choose is protected, the anti-choice majority in the House and the near majority in the Senate have passed several bills restricting women's reproductive rights. [AAUW position is pro-choice.] Representatives Chris Smith (R-NJ) and Robert Dorman (R-CA) have said that these attempts are part of a larger campaign to end all reproductive rights. Some of these measures include:

- Some abortions are banned without exception. (HR 1833 passed by a vote of 288 to 139. Senate considers it the week of December 4th.)
- Congress permanently denies access to abortions for low-income women. (Budget act passed by Congress includes a permanent ban on using Medicaid to pay for abortions, with certain exceptions.)
- Abortion coverage is prohibited in federal health plans. (HR 2020 passed by a vote of 235 to 188 and the Senate passed it 50-44.)
- Abortions are banned in Washington, D.C. owned hospitals. (HR 2546 passed by a House of Representatives vote of 224 to 191.)

Take action: Call your Senators and Representatives or the President to indicate your support for women's reproductive rights.

Call your Senators and Representatives at 202/224-3121 and express your opinion.

## Diversity Breaks Barriers

**H**ave you participated in an activity which celebrates diversity lately? Diversity includes race, ethnicity, age, occupation, religion, sexual orientation, physical ability, and many more items which make each individual unique.

In past years AAUW has simply stressed awareness of the issue. This year the Association has initiated a program entitled Adelante! (Forward!) In the spring we will plan to work on the first nodule which involves looking at the

complexity of issues which are involved in becoming a diverse organization.

In the meantime, you can participate in diversity by attending a group function in which you are the outsider, where you don't know many people, and where some of the attendees are from groups underrepresented in our branch in terms of gender, race, ethnicity, socioeconomic class, or ability. In many small ways we can each help to break down barriers that now separate us so that we may gain access to many new and interesting friends.

Barbara Burke  
Diversity Chair

## Who's Right? Whose Rights?

### A Look Ahead to the February Branch Meeting

**S**ave February 24, 1996, to discuss the rights of neighborhood and community residents vs. those of developers and the economic enhancement needs of local towns, cities, and villages. Has a developer shown interest in building an office complex, mega-store, or mini-mall in your neighborhood? It happened in an Amherst-Tonawanda neighborhood in 1994. In that instance, elected officials supported the residents, and the developer finally pulled out in 1995.

Industrial and commercial development can happen anywhere. Is there unused land where you live that is fair target for so-called "improvement"? Will the laws support your efforts to protect the value of your home or the wish to keep businesses away from your home? Are the developers' rights as strong or stronger than yours? Join panelists Joseph Gillings, Catharine Weiss, and Jane Woodward for a discussion of Who's Right? Whose Rights?, 9:30 a.m. breakfast, 10:15 a.m. program, Amherst Holiday Inn on Niagara Falls Boulevard at the 290. Contact Maryalice Seagrave for further information.

*Presidents* continued from page 2.

Please note that some new study groups have recently been formed. If you are interested in joining or forming another group, contact Judy Bratty at 833-5995.

The Program Committee will be meeting in January to plan the programs for next year. Suggestions are greatly appreciated. Contact Carolyn Iadovito at 634-0927.

Our January meeting offers you a great way to start the New Year! Natural foods, herbs and healthy eating are increasingly popular and have been proven to lead to longer and more productive lives. Our speaker Maryann Bolles is one of the most knowledgeable lecturers on the subject and her expertise is widely sought in developing diets that are nutritionally high but meet the needs of special interest groups. Her cooking demonstration classes, as well, are always full and are informative and **fun!**

We are also fortunate to have the services of the popular Preservation Hall restaurant on Elmwood Avenue to cater a wonderful (and unusual) buffet to further get you started. This program is a definite must for those who are interested in improving their health.

The co-presidents and board members would like to extend the warmest holiday greetings to all of you. We look forward to a new and challenging year ahead.

Bunny Blackstone  
Sharon Rich  
Co-Presidents

## Dues Need to Be Paid

**A**ll dues are to be paid **now**. If you have not paid, please make your check out to **AAUW Buffalo Branch** and mail it to Carolyn Day, 127 Meadowview Lane, Williamsville, NY 14221. The January issue of the newsletter will be the last one sent to those who have not paid. In order to receive the next newsletter, dues must be paid by January 1, 1996.

Carolyn Day  
Vice-President for Membership Retention



## CULTURAL NEWS

January is usually a quiet month in the theater, music, and art communities, but there is still a variety of choices available locally. The Studio Arena Theatre will present *Later Life* by our most famous local play-wright A. R. Gurney. If musicals are your preference, you might want to see *Anything Goes* at the Lancaster Opera House from January 11 to January 21. The Alleyway Theatre, a presenter of new plays, will present *The Secret of the Lost Empire* by David Widdicombe. It is billed as a "mysterious comedy." Also in January, the University at Buffalo will host the Region II Kennedy Center/American College Theater Festival from January 16 - 21.

The great Andre Watts will be the soloist with the Buffalo Philharmonic in concerts on January 13 and 14. Mozart and Tchaikovsky will be on the program along with Roger Nye, bassoonist, on January 26 and 27. If Broadway music is your favorite, then try



the Pops Concerts on January 19 and 20. The Amherst Saxophone Quartet begins its three concert series on January 29 at Slee Hall at the University at Buffalo. Innovative dancer Margie Gillis will be presented by QRS and the Center for the Arts at the University at Buffalo at the Center on January 16.

Judy Summer  
Cultural Representative

## Gifts Provided for Haven House

Women and children living in Haven House, a shelter for abused women and children, received holiday gifts donated by members of our Buffalo Branch. Members brought the gifts to AAUW's Holiday Party on Sunday, December 3, at Medaille College, for distribution to battered women and children during the holiday season. Gifts included personal care items, toys, canned foods, children's activity supplies, clothing, etc.

Phyllis Kelly, chairman of community relations, led the project. Assistants were Delores Bowker and Diane Silvestro.

Haven House is a safe shelter for abused women and children for ninety days. Counseling is provided on both an individual and group basis with the goal of informing battered women about their options and alternatives.

Children's services include educational, therapeutic, and recreational planning to assist children in coping with family crises.

Speakers at Haven House are available to clubs, churches, or schools to discuss what Haven House is doing in the area of domestic violence.

Needless to say, Haven House will greatly appreciate any help you can give. For further information, please call Phyllis Kelly at 839-1952.

Phyllis Kelly  
Community Representative

*Happy New Year*



# MEMBERSHIP NEWS

Buffalo Branch welcomes the following new members for the new year:

Margaret Peterangelo  
136 Longmeadow Road  
Amherst, NY 14226  
835-4613

Peterangelo earned bachelor's and master's degrees from SUNY College at Buffalo. She received the membership as a gift from Kyle Rose DeRoo.

Marcia Snyder  
191 Brompton Road  
Williamsville, NY 14221  
634-5187

Snyder graduated from SUNY College at Buffalo. She was recruited by Carolyn Day.

Janet Fowler  
156 St. James Place  
Buffalo, NY 14222  
884-8698

Fowler graduated from Medaille College. She was recruited by Jackie Trace.

Marion Rowlands  
474 Cottwood Drive  
Williamsville, NY 14221  
688-5238

Rowlands earned a bachelor's degree in business administration from Syracuse University. She was recruited by Barbara Carier.

Patricia C. Galeza  
35 Sahle Place, Apt. C6  
Fredonia, NY 14063  
672-6971

Galeza received a bachelor's degree from SUNY at Buffalo and a master's degree from SUNY College at Buffalo.

Deborah J. Robinson  
458 South Division  
Buffalo, NY 14204  
693-6571 x. 530

Robinson earned a bachelor's degree from Canisius College and a master's degree in student personnel administration from SUNY College at Buffalo.

Rita Cascia  
Vice-President for Membership Recruitment

## ROSTER CHANGES and ADDITIONS

Kaufmann, Margaret  
add Apt #205

Porter, Marie Johnnott  
The Georgian  
332 Jamaica Way  
Boston, MA 02130

Schank, Lorraine  
Williamsville, 14221-4633

Siller, Jennifer  
231 Niagara Street, Upper  
Buffalo, 14201-2336

|                     |                     |
|---------------------|---------------------|
| Nash, Hortense      | 833-9754            |
| Mrs. Jesse E., Jr.  | SUCB, B.S.          |
| 91 Highgate Avenue  | SUNY/Bflo., M.A.    |
| Buffalo, 14214-1402 | (Educ../Admn. Sup.) |



## BRANCH NOTES

### Condolences

Members are saddened to hear of **Beverly Graham's** death. Graham served as program chair and treasurer for the Buffalo Branch. Our condolences to family and friends.

Members extend their sympathy to **Barbara Carier** on the death of her father, William E. Parks, Jr., who died on December 10.

### Congratulations

**Member Marilyn Carmichael** recently assumed the position of Assistant Principal at Kenmore West High School.

### Membership Tea

There will be a membership tea for new and prospective members on Wednesday, January 24, 1996, at 7 p.m. at the home of Judy Bratty, 2198 Colvin Avenue, Tonawanda. The refreshment committee includes Diane Silvestro, Judy Weidemann, Rita Cascia, Karen Noonan, Stacey Johnson, and Bunny Blackstone. If you plan to attend, call Bratty at 833-5995.







## New Interest Groups Are Forming

**T**here is a great response to the survey for study groups. The ones generating the greatest interest are Couples' Gourmet, Gardening, World Travel, and International Relations. Suggestions were also made for a Mystery Book Club, One-Day Tours (to Shaw Festival, etc.), Art Appreciation, Chamber Music Playing Group, and Health Issues for Women. The following are taking names of those interested in the various groups:

|                         |                |          |
|-------------------------|----------------|----------|
| Couples' Gourmet Group  | Claudia Kania  | 662-1992 |
| Gardening Group         | Judy Weidemann | 694-0975 |
| One-Day Tours           | Jan Vine       | 839-2559 |
| World Travel            | Ernie Foster   | 688-6393 |
| Health Issues for Women | Beverly Mooney | 839-2941 |
| Chamber Music Group     | Nancy Garver   | 941-3150 |
| Art Appreciation        | Eve Stoklosa   | 695-3606 |
| Mystery Book Club       | Ann Hicks      | 741-3964 |

These groups will be designed to meet the expectations of the members; for example, for the One-Day Tour, a block of tickets could be purchased with members providing their own transportation and meals, or arrangements could be made through a travel agency.

Another suggestion is for an International Relations Group which will discuss current events. Someone also is needed to take the calls for this group. If you are able to do this or are interested in assisting the other name takers, contact Judy Bratty (833-5995).

Eve Stoklosa is still meeting on Sunday mornings at Kissing Bridge at 8 a.m. with the Down-Hill Skiing Group. Please call her between 8 a.m. and 5 p.m. and leave a message any day.

### By Request:

#### Mexican Coffee

1/2 cup ground coffee  
 1 teaspoon ground cinnamon  
 1/8 teaspoon ground cloves  
 Peels from two oranges  
 6 cups cold water  
 2 tablespoons packed brown sugar  
 Orange slices or wedges (optional)

Line the coffee basket of an electric drip coffemaker with a filter. Place coffee, cinnamon, cloves, and orange peel in the filter-lined basket. Pour cold water into water compartment; let water drip through basket into coffee pot. Stir sugar into coffee. Garnish with orange slices if desired. Makes 8 servings.

(from *Christmas Cookies 1995*, Better Homes and Gardens, p. 78.)

---

## AAUW BUFFALO BRANCH CALENDAR

1/2 Tuesday – The **Duplicate Bridge Group** should call Mary O'Connor (631-9227) for location and reservations. Bridge time is 7:30 p.m.

Tuesday – The **Music Study Group** will not meet.

1/9 Tuesday – The **German Study Group** meets on the 2nd and 4th Tuesdays at 1:30 p.m. If you plan to attend, please call Gloria Beutner (838-1273) or Renny Ferber (836-3277) for information about location.

1/10 Wednesday – The **Book Collecting Group** will meet at the Millard Fillmore Hospital Library, 3 Gates Circle, Buffalo. Call Jill Brown (832-8601) for reservations.

1/11 Thursday – The **Craft Group** will demonstrate making a circular scarf. Call Barbara Dascomb (685-2079) for details.

1/16 Tuesday – The **Book Review Group** will meet at the home of Dorothy Payne, 93 Crosby Avenue, Kenmore. Pam Haupt will review *Brothers No More* by William F. Buckley. Call Payne (876-6855) for reservations.

1/17 Wednesday – The **Dinner by the Book Group** will meet at the Country Kitchen, 2075 Niagara Falls Boulevard (near the Holiday Inn). Elizabeth Smith will review *Midnight in the Garden of Good and Evil* by John Berendt, and Rita Green will review *The Sculptress* by Minette Walters. Call Marilyn Carmichael (H 875-6817) or (W 825-4300) for reservations.

1/29 Monday – The **Investment Interest Group** will meet at 7 p.m. at Common Grounds Internet Cafe, 1420 Millersport Highway, Williamsville. A demonstration of surfing the internet to locate financial information will be the topic. Call Eve Stoklosa (695-3606) or Judy Bratty (833-5995) for more information. Guests are welcome.

1/30 Tuesday – The **Investment Club** will meet at 7 p.m. sharp at the Williamsville Library, 5571 Main Street, Williamsville. All members are encouraged to be in attendance to transact business. Contact Jan Vine (839-2559) for more information. Guests are always welcome.

Judy Bratty, Coordinator  
Study and Interest Groups

## Coming Event

3/2/96 Saturday **International Study Through Foods** will meet at 7:30 p.m. at the home of Ann Hicks and Ann Bish, 5177 Willow Brook Drive, Clarence. Titauts Alks, Ph.D. R. Ph., an oncology pharmacist at Roswell Park Institute, will talk on *Pharmacy from the Rain Forest: Impressions of a Workshop in the Amazon*. Call Hicks or Bish (741-3964) if you wish to attend. Husbands and friends are most welcome. There will be a \$2.00 charge per person for refreshments.

### FEATURING STUDY GROUPS: **BOOK REVIEW GROUP**

The Book Review Group meets on the third Tuesday afternoon at 1 p.m. in the homes of members. There is a hostess and a receiver at each meeting. Dessert and coffee and tea are served followed by a review of a book of the reviewer's choice. A discussion follow the review.

### Reservation Form for the January Branch Meeting January 20, 1996

See page 1.

Name \_\_\_\_\_

#Guest/s \_\_\_\_\_ Name of Guest/s \_\_\_\_\_

Cost: \$12.00                      Amount Enclosed \_\_\_\_\_

Make checks payable to AAUW Buffalo Branch.

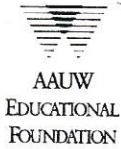
Please send reservations by **January 16** to Sharon Rich  
5854 Main Street #306  
Williamsville, NY 14221



*In principle and in practice AAUW values and seeks a diverse membership. There shall be no barriers to full participation in this organization on the basis of gender, race, creed, age, sexual orientation, national origin, or disability.*



*AAUW promotes equity for all women and girls, life-long education and positive societal change.*




*The AAUW Educational Foundation provides funds to advance education, research, and self-development for women and to foster equity and positive societal change.*



*AAUW's Legal Advocacy Fund provides funding and a support women seeking judicial redress for sex discrimination*

**Moving? Did not receive the newsletter? Please contact Marion Fay (835-5660).**  
This newsletter was delivered to the William Street Post Office, Buffalo NY on December 29.

|   |   |  |
|---|---|--|
| <br>AMERICAN<br>ASSOCIATION OF<br>UNIVERSITY<br>WOMEN | BUFFALO BRANCH<br>Marion S. Fay<br>347 Brantwood Road<br>Snyder, NY 14226 | Non-Profit<br>Organization<br>U.S. Postage<br>PAID<br>Buffalo, NY<br>Permit No. 1078 |
| <b>ADDRESS CORRECTION REQUESTED</b>   |   |  |
| Barbara Carrier<br>295 Lakewood Parkway<br>Snyder,<br>New York 14226-4072   |   |  |

