

APRIL 1991

THE SANDWICH GENERATION: DILEMMAS OF CARE GIVING

Saturday, April 6, Moot Hall, Buffalo State College

- 8:00 a.m.-8:30 a.m. **Registration**
- 8:30 a.m.-9:00 a.m. **Breakfast**
- 9:00 a.m.-9:30 a.m. **Keynote Speaker:** Carolyn Shadle, Director of the Institute for Work/Family Balance at the State University of New York at Buffalo.
- 9:45 a.m.-10:30 a.m. **The Care-Giving Person**
Child Care: Local Resources -- Carolyn Huffman, New York State Social Service Department.
Elder Care: Local Resources -- Toby Laping of Laping, Sayers and Associates.
- 10:45 a.m.-11:30 a.m. **Legal and Financial Issues**
Legal Issues: Elderlaw, Proxy Law, Living Wills -- Toby Szczygiel, Associate Professor of Law, University at Buffalo, supervisor of the clinical program of the office of Legal Services for the Elderly, an organizer of the Coalition of Medical Advocates.
Financial Planning, Insurance for Long-Term Care: Pros and Cons -- Mary Zamboni of Abelson, Emser and Zamboni is a Certified Financial Planner with considerable experience in insurance.
- 11:45 a.m.-12:30 p.m. **Medical and Emotional Issues for Care Giver and Patient**
Medical Issues: Changes in the concept of care, advances in medical care, unsolved problems -- John Edwards, M.D., Professor of Medicine, UB & Director, Alzheimer's Disease Assistance Center of WNY.
Emotional Aspects for Care Giver and Patient, Guilt, Grief, Frustration; Problems of Long-Distance Care -- Gary Bryce, McLaughlin Center, DeGraff Memorial Hospital.
- 12:30 p.m.-1:00 p.m. **Wrap-up: What We Can Do**
Carolyn Shadle

Reservations requested. Please see form on page 7.

PRESIDENT'S MESSAGE

I am excited by the Sandwich Generation program, planned by the joint Women's Issues Study Group of the Buffalo Branch of AAUW and the Metro and Buffalo League of Women voters, which will be held on April 6. Presentations in one morning cannot solve all the problems faced by women as care givers, but they can raise issues that a study group or the whole Branch can address in months and years to come.

The program seems to me of value to all of us, whether we are looking forward to our own later years, are currently squeezed in a sandwich between aging parents and children still needing support, or as members of an organization that is concerned about positive societal change.

Of course the program is useful for those currently dealing with caring for children or aging parents. We can learn what resources are available in the community and share our experiences and feeling with others in similar situations..

For those not technically in the "sandwich," we still need to think about the future. In a cynical poem, "Provide, Provide," Robert Frost considers the difficulties of old age and suggests "Die early and avoid the fate" and "Better to go down dignified/With boughten friendship at your side/Than none at all." We all hope that we'll have family and friends with us in our later years, but we recognize, especially as people live longer, we may also need "boughten" services. We cannot necessarily expect our daughters, who may have significant careers as well as families of their own, to devote all their time to us. As individuals looking ahead to our own futures, we can gain valuable information about choices and service available -- and how to prepare to obtain them.

Those of us who are professional care givers may know some of the facts presented in the program, but like everyone else, we can consider social policy implications of current demographics and work with others in AAUW and other organizations for positive changes. Carolyn Shadle, our keynote speaker, has reminded us that 65% of women with children under the age of 18 and half of the women

with children under the age of one are in the workforce. Employers need to make accommodations, and women need to find ways to reduce the stress of handling multiple roles in families and on the job.

Please attend the April meeting and encourage others who would benefit from the presentation to come too. The forum is a first in the Buffalo area, and it should be very informative.

Carol Jamieson, Ph.D.
President

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1991 Nominating Committee Report

The following slate of officers for 1991-92 has been submitted to the Board of Directors of the branch for consideration and approval of the general membership:

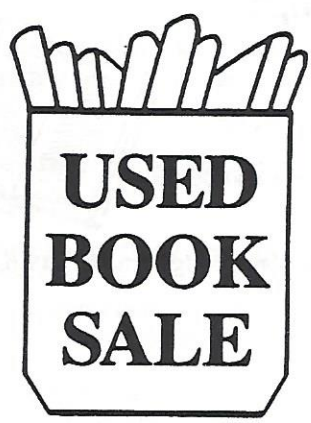
President	Barbara Olandt
President-elect	Carolyn Day
Vice President, Program	Grace Blackstone
Vice President, Membership Retention	Lynn McClive
Corresponding Secretary	Jill Bradish
Assistant Treasurer	Jean Moran
1992 Nominating Committee:	

Amelia Sherrets, Chair
Karen Stephenson
Pat Seaver, Ph.D.
Lois Dabney
Judy Clare

Elections will be conducted at the annual luncheon meeting scheduled on Saturday, May 18, at the Transit Valley Country Club.

Norma Millar, Nominating Committee Chair	
Marion Fay	Grace Blackstone
Ann Hicks	Stacey Johnson, Ph.D.

AAUW Educational Foundation



It's time to think about the book sale again. This will be the 37th year for our annual fund raiser, when we all pull together to get the job done. The sale will be held in July at Medaille College and hopefully we can match the \$6000 we raised each of the past two years for the EFP from the sale of books and the sealed bid. The Education Foundation Program awards grants and loans to talented women who may otherwise not be able to continue their studies. Door receipts are retained by the branch and split between funds for special projects and educational awards like the Ruthe Sicherman grant which was awarded this year.

I hope that each of you will remember our goals when you are called upon to donate your time. Our branch cannot accomplish all the tasks associated with the sale unless members contribute the many pairs of hands needed. May I remind everyone not to accept textbooks or Readers Digest publications. Sometimes, though, its necessary to take all or nothing from a donor, in which case the undesired books should be discarded. Last year it cost \$700 to discard books left from the sale, the majority of which were textbooks. Keeping costs down means more money to our projects. I look forward to working with all the members from last year and hope to see many of our new members participate in another successful sale.

Diane Silvestro
Book Sale Coordinator

Jill Gugisberg-Wall of St. Paul, Minnesota, was one of the first Eleanor Roosevelt Fellows. She used her fellowship to earn a master's degree in science education and to establish a Science Encouragement Program for girls. This program, adopted by the AAUW St. Paul Branch and co-sponsored by the St. Paul Public Schools and 3M, trargeted low-income, minority, and at-risk fifth- and sixth-grade girls from three inner-city schools. At the end of the Science Encouragement Day, where students encountered challenging science activities, the girls were matched to AAUW members for year-long educational and esteem building activities.*

The Eleanor Roosevelt Fund for Women and Girls Intergenerational Partnerships was established to help reach girls in their formative years with a focus on at-risk girls, and math, science, and computer instruction.* A major part of this fund is the Eleanor Roosevelt Teacher Fellowships Program. Its primary purpose is to help public school teachers develop a better understanding of how girls learn and implement teaching strategies to help girls excel.

If you or someone you know is interested in applying for an Eleanor Roosevelt Teacher Fellowship, write to:

AAUW Educational Foundation
1111 Sixteenth Street, N.W.
Washington, DC 20036

or call: 1-800-821-4364

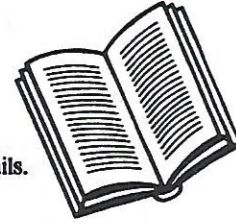
Ask to be put on the mailing list for an Eleanor Roosevelt Teacher Fellowship application for the 1992-1993 Fellowship year.

Remember our annual Book Sale is coming up in July at Medaille College. Your help is needed and appreciated. Call our book sale chairperson and volunteer. Diane Silvestro can be reached at 631-3349.

Any questions about fellowships call Carolyn Iadovito at 634-0927.

*Annual Report 1988-1990, American Association of University Women Educational Foundation, p. 16-17.

Study and Interest Groups



APRIL 1991

Women's Issues. Call Bertha Cutcher (633-6025) for meeting specifics.

4/1 Music Study Group. Call Mary Weppner (634-6636) for location and details.
Mon

4/2 Duplicate Bridge. Contact Mary O'Connor (631-9227) for location. Bridge time is 7:45 p.m.
Tues

4/3 NOTE: Board of Directors meeting is April 10.
Wed

4/6 Monthly Branch Program. "The Sandwich Generation" is the topic at Moot Hall, SUNY College at Buffalo. Time is from 8:00 a.m. to 1:00 p.m.
Sat

4/8 Great Decisions 1991. The topic "Nationalism's Revival" will be facilitated by Carol Jamieson. Mon Members will meet at 5:30 p.m. at the home of Jill Bradish, 821 Tacoma Avenue, Buffalo. Please call Jill (832-8601) if you plan to attend.

4/9 German Study Group. The group will meet at 1:30 p.m. at the home of Renny Ferber, 24 Linden Tues Avenue, Buffalo (836-3277).

4/9 Government Study Group. Members will meet at Gloria Stulberg's, 76 Morgan Parkway, Tues Williamsville, at 7:30 p.m. It's not too late to join this group. The discussion will focus on practical ways we can participate in our government. Call Gloria (634-5446) if you plan to attend.

4/10 Board of Directors Meeting at 7:00 p.m. at Kenmore East Senior High School. Hostesses are Bunny Wed Blackstone and Kelly McCurdy.

4/16 Book Review Group. Carol Brasure will review Travels by Michael Crichton. Members will meet Tues at 1:00 p.m. at the home of Dorothy Payne, 93 Crosby Avenue, Kenmore. Please call Dorothy (876-6855) if you are attending.

4/19 Literature: Friday Afternoon. Lucille Beardsley will talk on the poetry of Muriel Merritt, a published Fri poet in Williamsville, at Lucille's home, 78 Hillside Drive, Williamsville. Please call Lucille (634-5321) if you are attending.

4/22 Literature: Evening Study Group. The group will meet at 7:30 p.m. Mary Dienst will facilitate the Mon discussion of A Taste of Death by P.D. James. The meeting will be at Mary's home, 3315 Baseline Road, Grand Island. Please call Mary (773-7463) if you are attending.

4/23 German Study Group. The group will meet at 1:30 p.m. at the home of Gloria Beutner, 22 Tues Brantwood Road, Snyder (838-1273).

4/23 Investment Club. This group meets at 7:00 p.m. at Amherst High School. Please contact Kelly Tues McCurdy (439-8739) if you are attending.



4/26- **New York State Division Convention.** The theme is "Education and Equity for Women and Girls" and is to be held at the Sagamore Resort, Bolton Landing, New York.

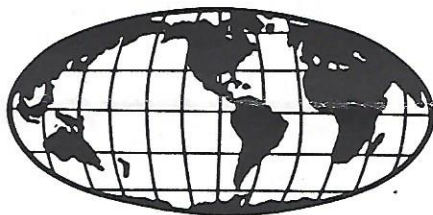
MAY 1991

5/1 **Board of Directors Meeting** at 7:00 p.m. at Kenmore East Senior High School. Hostesses are Norma Wed Millar and Ann Bish.

5/4 **International Study Through Foods.** Grace Lawrence will speak on "Reflections on Mongolia by an Incidental Traveler." Participants are asked to bring their favorite international dish for an international potluck. Members will meet at 7:00 p.m. at the home of Ernie Foster, 45 Ransom Oaks Drive, East Amherst. Please call Ernie if you plan to attend (688-6393).

5/6 **Music Study Group.** Members will meet at the home of Sara Sterrett, 1088 Delaware Avenue, Apt. Mon 9H. The program is the annual potpourri discussion of new experiences in the world of music by various members of the group. If there are any questions, call Mary Weppner at 634-6636.

5/7 **Duplicate Bridge.** Contact Mary O'Connor (631-9227) for location. Bridge time is 7:45 p.m. Tues



**Decorators' Show House
Volunteers Needed**

The Junior League has invited AAUW to participate in the Decorators' Show House by acting as hostesses.

A shift lasts approximately 3 3/4 hours and involves greeting and explaining features of the room to guests. Staffing opportunities also exist in the cafe.

If you want more information, call Phyllis Kelly (839-1952). You can sign up for hostessing by calling her or by signing at a general meeting of the Branch.

The show house is open April 27 through May 24, 1991.

**Annual Branch Meeting
and Luncheon**

Presentation of Achievement Award
Election & Installation of Officers
Musical Entertainment

Saturday, May 18 at 12:15 p.m.
Transit Valley Country Club
Save the date!

Mark your calendars now!

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1991 AAUW USED BOOK SALE PICK-UPS AND DEPOTS

BUFFALO

Carol Jamieson	125 Chatham Ave.	877-8569	Depot
Mollie Fleyscher	67 Admiral Rd.	836-1745	Depot
Amelia Sherrets	141 University Ave.	832-2928	Depot
Leslie McCain	27 Manchester Pl.	882-5860	Pick Up
Maryalice Seagrave	350 Warwick Ave.	833-0437	Depot
Bertha Boston - EMMA, Women's Books	200 Hutchinson Ave.	837-0575	Pick Up & Depot
Jill Bradish	168 Elmwood Ave.	885-2285	Depot
Hortense Nash	821 Tacoma Ave.	832-8601	Pick Up
	91 Highgate Ave.	833-9754	Pick Up

KENMORE

Nancy Acara	267 Lowell Rd.	877-2320	Pick Up
Jane Fischman	255 Louvaine Dr.	873-6356	Pick Up
Evelynn Wolf	70 Hiler Ave.	877-2155	Depot

TONAWANDA

Margit Spector	9 Glenside Ct.	834-6731	Pick Up
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N TONAWANDA

Mildred Geelan	1337 E. Robinson	692-4955	Pick Up (truck)
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GRAND ISLAND

Esther Whitford	751 W. River Rd.	773-2876	Pick Up
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SNYDER, WILLIAMSVILLE, AMHERST

Marion Fay	247 Brantwood Rd.	836-5660	Pick Up
Mary O'Connor	30 Fairways Blvd.	631-9227	Pick Up
Elaine Kohn	2 Devon Lane	626-4181	Depot
Valarie Bozarth	159 Fairways Blvd.	633-2130	Pick Up
Margaret Wahlgrens	57 Brookside Rd.	632-0963	Depot

CLARENCE

L. Ann Bish	5177 Willow Brook	741-3964	Pick Up
Analine Hicks			
Carolyn Iadovito	8687 Rebecca Dr.	634-0927	Pick Up
Alice Mason	5205 Brookfield La.	634-2648	Pick Up

DEPEW-LANCASTER

Beverly Graham	46 S. Ironwood Rd.	683-4168	Pick Up
Barbara Olandt	67 S. Ironwood Rd.	683-6822	Pick Up
Shirley Martin	625 Harris Hill Rd.	683-7319	Depot

1991 Buffalo Branch Program

Annual Membership Dues

Saturday, April 6
Symposium the "Sandwich Generation".
See enclosed Brochure.

The membership year is from July 1, 1991, to June 30, 1992. Invoices will be included in the May newsletter. Please pay dues on time to continue receiving publications from the national AAUW. Member cards will be issued sooner if dues are paid on time.

Diane Silvestro
Branch Treasurer

April 26-28
New York State Division Convention.
Sagamore Hotel, Bolton Landing.

Saturday, May 18
Annual Luncheon & Installation of Officers.
Transit Valley Country Club.

Ideas & Assistance Needed Pan American Exposition Commemoration

June 22-25
AAUW 36th Biennial Convention. Theme:
"Leaders for a New Century." Portland,
Oregon. Check your AAUW Outlook (pg.
32) for details.

The Buffalo and Erie County Historical Society is planning a 90th year celebration of the Pan-American Exposition which was held in Buffalo in 1901. Activities commemorating that event will be held in and on the grounds of the Museum at 25 Nottingham Court in July of this year.

July
AAUW Used Book Sale.
Medaille College Recreation Center.

The Museum committee is looking for persons who have ideas for promoting and developing this celebration. Please contact AAUW member, Sylvia G. Miller (876-7074) if you are interested in this project.

The Sandwich Generation REGISTRATION FORM

Send information requested below and a check for \$7.50 made out to AAUW Buffalo Branch to Ruth M. Seitz, 19-B Wayne Terrace, Cheektowaga, New York 14225.

Name: _____ Telephone #: _____

Address: _____

Guests Welcome!

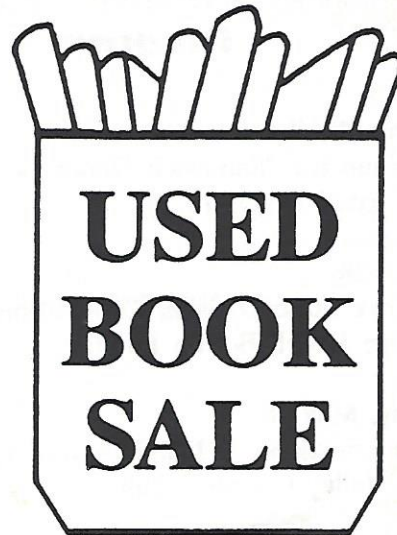
Publicity Alert

Please, please, PLEASE! If you see articles about the branch in your area papers, clip them for the publicity file. Include name of paper and date. I can't possible subscribe to all the weeklies, and the clippings are the only way I can check on what the editors are using. Postage is now so high we don't want to waste it sending releases to papers that don't use them.

I'd also appreciate hearing about radio announcements - station, day and approximate time. Again, I can't monitor all the stations but the members must hear a number of them. I will appreciate your help, and want to cite Bertha Cutcher, Ruth Seitz and Sandie DePalmo for their vigilance.

Ruthe Sicherman
Publicity Chair

Pass enclosed
brochure on to a
friend who might
be interested.



JULY

AAUW Used Book Sale.
Medaille College Recreation Center



AMERICAN ASSOCIATION OF UNIVERSITY WOMEN

Marion S. Fay
347 Brantwood Road
Snyder, New York 14226

ADDRESS CORRECTION REQUESTED

Newsletter Editor: Ann S. Hicks
May Deadline: April 5

Mission Statement The American Association of University Women promotes equity for women, education and self-development over the life span, and positive societal change. AAUW values and seeks a diverse membership. Membership is not by invitation.



Non-Profit
Organization
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Barbara Carrier
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