

BUFFALO BRANCH NEWSLETTER

MAY 1986

may luncheon

Saturday, May 10
Park Country Club
4949 Sheridan Drive
Williamsville, NY

11:30 Cash Bar
12:00 Luncheon

ELECTION AND INSTALLATION OF OFFICERS

ACHIEVEMENT AWARD

ENTERTAINMENT

EMILY DICKINSON: HER POETRY IN SONG

Elizabeth Holt Brown, Soprano
Marjorie Lord, Pianist



The pedigree of honey
Does not concern the bee--
A clover, any time, to him
Is aristocracy.

Emily Dickinson

MENU

Julienne salad, beverage, parfait
or

Fresh fruit and chicken salad, beverage, parfait
\$11.00

Including cost of luncheon and special program

If you have not yet sent in your reservation, please call Mary Weppner at 634-6636.



PRESIDENT'S MESSAGE

by **Bertha Cutcher**

It's hard to believe our fiscal year is almost over, the year has flown by so quickly. And, May is full of exciting activities for which I hope you have already made your reservations: our Women's Wellness Day program at SUNY/B on May 3, our Annual Luncheon at Park Country Club on May 10, and on the following weekend, May 16-18, our State Division meeting in Glens Falls, New York.

We are all looking forward to hearing the final returns of our Used Book Sale at the May luncheon, but we already know we had an outpouring of volunteer help from our members. Thank you, thank you! Your consistent and dedicated help year after year has helped establish our Branch as a generous contributor to the Association's EFP schedule of scholarships, fellowships, and grants. A very special thank you to our Book Sale chairmen, N. Anne Montes and Jeanne Moran.

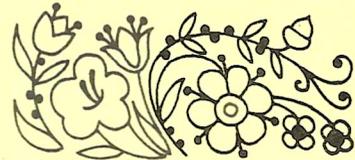
Concerned about the future of our community's libraries, the Board has agreed to give our support and special assistance to Citizens for Libraries. Read Sue Stievator's comments elsewhere in the Bulletin concerning the project and determine what role you will take to help our libraries.

We also have the opportunity now to help formulate AAUW policy by completing and returning the Legislative Program Survey for development of the Association's 1987-89 legislative program. It is detailed on page 2 of the February/

(CONTINUED)

March issue of Graduate Woman. By completing the survey, you can address the major public policy issues you believe are the most pressing and on which you believe the Association, and thus our Branch, should devote its activities. Be sure to send in your survey forms now!

Let's all participate in our May scheduled events!



CHAMBERLIN LOANS

by **Eloise Moran**

Reminder: Money is available for loans for education. Deadline for application is June 15, 1986, for fall semester. Applicants must have completed at least one full year of college.

For complete information and application forms, write to:

Chamberlin Loan Fund
244 Callodine Avenue
Buffalo, NY 14226

Pass the information to qualified women students.

Donations to Loans for Education are an appropriate gift to honor a member and as memorials. These gifts will be used for students from our local area.

SEX EQUITY IN EDUCATION

by Maxine Borom

AAUW has belonged to the coalition (SEEC) since it was formed in 1982 to further sex equity in education. AAUW also testified during the 1985 legislative session before the joint Education Committees chaired by Assemblyman Serrano and Senator Donovan.

Following are some questions which have been asked about sex equity in education and the need for legislation:

1. IS THERE REALLY SEX DISCRIMINATION?

Yes, especially in math and science, vocational education, athletics, and employment.

2. DON'T FEDERAL LAWS PROHIBIT DISCRIMINATION?

Yes, but as a result of the Grove City decision, which has narrowed the scope of Federal enforcement activities, civil rights investigations have been closed by the Federal government. Six of these are in New York State school districts.

3. WHAT DOES THE PROPOSED LEGISLATION COVER?

It would prohibit discrimination on the basis of sex in schools which receive State financial assistance, reinforcing the requirements already imposed by Title IX (Remember, Title IX has been tremendously narrowed by the Grove City case.)

4. DO OTHER STATES HAVE THIS TYPE OF LAW?

Yes. Some 28 states have laws of this type.

5. DON'T EXISTING STATE LAWS PROHIBIT SUCH DISCRIMINATION?

No. Gaps in coverage include no coverage for pregnant students, guidance activities, or sexual harassment.

6. WILL THIS LAW AFFECT ALL SCHOOLS IN THE STATE?

No. It will only apply to schools which receive state financial assistance. There are exemptions for religious schools and for both traditionally single-sex private schools and private schools in process of becoming coed.

7. WON'T THIS BILL COST LOTS OF MONEY?

No! The cost of sex discrimination in schools--to both individuals and society--is greater than any potential cost to school districts.

8. HOW WILL THE BILL BE ENFORCED?

Each school would conduct an internal review for violations and develop a plan with activities to overcome effects of past discrimination and a monitoring procedure.

Spring 1986 New York Leader



NOMINATIONS

Citizens for Libraries by Sue Stievater

The following single slate of officers for election to the 1986-87 Buffalo Branch Board of Directors was submitted in March and is as follows:

President	Dr. Patricia Seaver
President-elect	
2nd Vice-President (Membership)	Sheryl Scarlett
Recording Secretary	Ann Hicks
Corresponding Secretary	Sandra DePalmo
Educational Foundation Chairman	Suzanne Grossman
Legislative Program Chairman	Joyce Mallette
Public Support for Public Education	Betty Krist

1987 Nominating Committee is as follows:

Ruth Seitz, Chair
Katherine Johnson
Elaine Kohn
Barbara Paulson
Marjorie Skarin

The membership will be given the opportunity at the Annual Luncheon on May 10 to approve the above slate.

Nominations may be made from the floor, but our constitution stipulates that the nominee must have given written prior consent to do so.

NOMINATING COMMITTEE 1986
Ann Bish, Chair
741-3964

Ellen Woodrich and Robin Mack, from the Citizens for Libraries, spoke to the Board meeting on April 2 on the ways we might help the area's public libraries, which are in dire financial straits. Besides the conspicuous lack of new books in the system, they are also experiencing great staff shortages and antiquated machinery.

Citizens for Libraries successfully drew a crowd of 2,500 citizens in the mid-70s for a meeting with the Erie County legislators. Members of the original group are all working with families. It is looking for people who are interested in helping them be aware of what is going on in the Erie County Legislature concerning libraries. There is not much being written about the libraries now that the budget has been passed but remind your Erie County legislator of the library's importance any time. Budget hearings, which are open to the public, are in November.

We are encouraged to become members of the Friends groups of libraries. In the city, this is the Grosvenor Society, headquartered in the central library. In the suburbs the Friends are at the main branches. Meetings of the library's Board of Trustees in the downtown library can be attended.

For an expression of interest, call member Susan Stievater at 835-0742. If you are interested in helping the group directly, please contact Ellen Woodrich, evenings, at 631-9455.

STUDY and INTEREST GROUP MEETINGS



MAY

- 3 Sat. FOR WOMEN...AN OUNCE OF PREVENTION: A SYMPOSIUM ON HEALTH - Grace Knox
Lecture Hall, Amherst Campus, State University at Buffalo - 8:15 a.m. - 3:30
p.m. Call Sue Oliver at 652-1230 or Ann Hicks at 741-3964 (after 6 p.m.)
for information.
- 5 Mon. MUSIC GROUP - 1 p.m. at the home of Ruth Seitz, 1035 Beach Road, Apartment
4-C, Cheektowaga. Program: "Potpourri," an old favorite song; music from
"Kats," a lovely new tune; the Pastoral Symphony, what's new in music; "A
little bit of this, a little bit of that." All are welcome. Call Mary
Weppner at 634-6636 if you plan to attend.
- 7 Wed. BOARD OF DIRECTORS - 7:30 at the Faculty Club, 250 Winspear. Hostesses are
Bertha Cutcher, Ellie Moran, and Shirley Yavno. Please call Bertha Cutcher at
833-6025 if you are unable to attend.
- 8 Thurs. FRENCH GROUP - 10 a.m. at the home of Sylvia Morris, 303 Nottingham Terrace,
Buffalo. Call Sylvia at 876-0785 if you plan to attend.
- 10 Sat. MAY LUNCHEON - See front page.
- 12 Mon. WORLD PROBLEMS - at Grace Scott's, 58 Wardman Road, Kenmore. Topic will be
"Democracy in Latin America." If you plan to attend, call Grace at 875-3359.
- 15 Thurs. THURSDAY NIGHT BRIDGE - 6 p.m. happy hour and 6:30 bridge dinner at the
College Club. Call Cindy Monacelli at 836-8266 by May 8 for reservations.
Dinner cost - \$11.00. All members welcome.
- 16 Fri. FRIDAY AFTERNOON LITERATURE GROUP - 1 p.m. at the home of Josephine Herman,
258 LaSalle Avenue, Buffalo (833-1886). Speaker will be Ida Silk, who will
review Eudora Welty's book, "One Writer's Beginnings."
- 19 Mon. EVENING LITERATURE - 7:30 p.m. at Barbara Paulson's, 18 Harbor Pointe Common,
Buffalo. Call Barbara at 847-1455 if attending. Discussion of Outrageous
Acts and Everyday Rebellions by Gloria Steinem will be led by Fay Friedman.
- 20 Tues. BOOK REVIEW GROUP - 1 p.m. at the College Club, 264 Summer Street, Buffalo.
Hostess Myra Menti - 626-4832. Lillian Riggs will review In Her Own Right;
the Life of Elizabeth Cady Stanton by Elisabeth Griffith. "One of the New
York Times' Best Books of 1984." - Dust Jacket.
- 22 Thurs. FRENCH GROUP - 10 a.m. at the home of Sheryl Scarlett, 8360 Vernon Circle,
Williamsville (Clarence). Call Sheryl at 631-5482 if you plan to attend.
- 28 Wed. LA TERTULIA, SPANISH CONVERSATION - 7:30 - 9:30 p.m. at the home of Barbara
Carier, 295 Lakewood Parkway, Snyder. Call Barb at 839-0933 if you plan to
attend.

JUNE

- 2 Mon. MUSIC GROUP - 1 p.m. at the Lord Amherst Restaurant. Program planning for
1986-87. Call Mary Weppner at 634-6636 if you plan to attend.
- 4 Wed. BOARD OF DIRECTORS - 7:30 at the Faculty Club, 250 Winspear. Hostesses are
Lois Jarrett, Carolyn Iadovito, Lucille Peterson, and Caren Shapiro. Please
call Bertha Cutcher at 833-6025 if you are unable to attend.

SPOTLIGHT

MUSIC STUDY GROUP

Mary L. Weppner, Chairman

Long ago in 1940 the current Buffalo Branch Music Study Group was organized. Many chapter members have participated, but only Molly Fleysler can claim the distinction of being a member of the original group. At present we have eight regular members and recently lost four members for personal reasons or health limitations. Sometimes members have been active in the world of music; however, only a desire to know and appreciate music is the requirement to be a member of our group. One member will be hostess at her home while another will present the choice for the music program.

We study all types of music, such as jazz, modern, folk, classical, and country music; in addition, we have studied the music of countries such as Japan and Norway. The lives and times of composers such as Bach, musicians, singers or directors are also important. We have learned about the harp, the oboe, and the mystery of sound. An entire program year has at times been spent on one aspect of music.

Books and records about our topics are available through the Buffalo and Erie County Public Library.

Music is joyous and soothes in its own special way. The spirit and flavor of AAUW Buffalo Branch is important as we meet to study and enjoy our chosen music.

If you are interested in more information regarding the Music Study Group, call Mary Weppner at 634-6636.

BOARD OF DIRECTORS' ACTIONS

by Barbara Carrier
Rec. Secretary

1. President Cutcher asked for members to attend the Division Convention in Glens Falls as delegates. Seven people reported that they plan to attend.
2. Pat Seaver reported that New York Division President Alice Ann Leidel's visit to Buffalo to negotiate with the local hotels for our 1987 Convention was very successful. The Hyatt Regency has been selected, and the double package is an exceedingly favorable \$112.84 for room and meals for the weekend. The date will be April 24-26, 1987. Board members discussed the problem of having our Book Sale in the same month as the Division Convention.
3. June 15 is the deadline for applications for interest-free loans from the Chamberlin Fund. Members and their friends are encouraged to apply.
4. Karen Stephenson has been appointed to chair the Women's Issues Committee. Former Chairman Lee Lyons is transferring to Washington, D.C.
5. The Board voted to honor the services to the Branch of Bertha Cutcher, Jeanne Moran, and Anne Montes by donating Named Gifts in their honor to the Educational Foundation.
6. The Association headquarters in Washington has a toll-free number that members may use for questions about membership or about AAUW in general. The number is (800) 821-4364. Call between 10 a.m. and 6 p.m.



TIME TO PAY YOUR DUES TO AAUW

1986-87 DUES ARE PAYABLE NOW AND THROUGH JUNE 30, 1986. THIS IS YOUR DUES BILL.

Association	\$22.00	Association Life members.	\$18.50
Division dues	4.00	Educational Foundation (optional) . .	1.00
Branch dues	14.50		
Educational Foundation (optional) .	1.00	Honorary Life members.	No dues
	<u>\$41.50</u>		

Remember, your dues dollars enable us to reach out to the community at large. We do not want to lose YOU as a member. Each member is important whether she can be actively involved or can only support us through her dues payment. We can each be proud to be a member of AAUW, the oldest, largest, and most prestigious women's organization in America today.

YOU DO MAKE A DIFFERENCE

As you read this notice, get out your checkbook and envelope and send your dues check now, along with the form below--DO IT NOW--before you forget. Please enclose a self-addressed, stamped envelope with your remittance for mailing your membership card.

MAIL THIS FORM ALONG WITH YOUR CHECK - 1986-87 AAUW DUES
Make check payable to: AAUW, Buffalo Branch

Name _____

Address _____

City _____ State _____ Zip _____

Telephone _____

PLEASE MAIL CHECK TO: Bunny Blackstone, 11478 Tomarsue Drive, Marilla, NY 14102
IF YOU HAVE ANY QUESTIONS, PLEASE TELEPHONE 655-4519.

NUTRITION NOTES

CHOOSE RIGHT TO EAT RIGHT

Suzanne R. Grossman, R.D.

Eating is influenced by habit, energy level, emotions, peer pressure, color, aroma, texture, cultural and ethnic backgrounds, plus the printed and spoken word. There is so much said and written about food and nutrients that the right choice is often too hard to make or even to understand. What do we do instead?

First, we confuse appetite and hunger. Appetite is the natural desire to satisfy a want or need. Hunger is a strong craving for food. It is physiological, associated with energy requirements and regulated by the hypothalamus. Appetite is more social/emotional/cultural in derivation. There will be more commentary at the May 3 "Symposium for Women...."

Put those two desires together and food becomes the tool which is often used in many ways: an instrument to relieve anxiety, a means to increase personal acceptance, a way to affect behavior of others, a symbol of social prestige, to punish or reward.

For most people, food is cultural, not nutritional. Habits are deeply engrained. However, society, peers, printed and written words exert fantastic pressure to conform, change, do this or that. At the May 3 "Symposium for Women...", there will be a session on recognizing fact from fiction. In future issues of the Branch Newsletter, articles will discuss weight control, sodium vs. salt, cholesterol, vitamins, minerals, and more.

See you May 3, 1986, UB Amherst Campus!

AAUW-Buffalo Branch
Marion Fay
347 Brantwood Road
Buffalo, NY 14226

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